

Summer of Fun 21

**FREE Activities
for Ages 4-25**



08000 43 43 43
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**Diwrnod
Chwarae**



**Llywodraeth Cymru
Welsh Government**

Week / Wythnos 1

19th - 23rd July / Gorffennaf



Aberavon Leisure & Fitness Centre

19th - 23rd July / Gorffennaf

Day/Dydd	Activity/Gweithgaredd	Age/Oed	Time/Amser
Tue/Mawrth	Sports Conditioning	14 - 16	1.30pm-2.30pm
Tue/Mawrth	Junior Gymnastics	5 - 8	4.00pm-5.00pm
Wed/Mercher	Junior Bootcamp	11 - 16	1.30pm-2.30pm
Thu/Iau	Sports Conditioning	14 - 16	1.30pm-2.30pm
Fri/Gwener	Junior Dance Fit	14 - 21	4.15pm-5.15pm
Sat/Sadwrn	Free Swimming [#]	8 - 15	5.45pm-6.45pm

Neath Sports Centre

19th - 23rd July / Gorffennaf

Day/Dydd	Activity/Gweithgaredd*	Age/Oed	Time/Amser
Mon-Fri/ Llun-Gwener	Junior Football	7 - 11	9.00am-12.00pm
Mon-Fri/ Llun-Gwener	Junior Football	4 - 6	10.30am-12.00pm
Mon-Fri/ Llun-Gwener	Junior Football	11 +	1.00pm-4.00pm
Tue/Mawrth	Junior Dance	5 - 11	11.00am-1.00pm
Thu/Iau	Junior Dance	5 - 11	11.00am-1.00pm

Pontardawe Swimming Pool

19th - 23rd July / Gorffennaf

Day/Dydd	Activity/Gweithgaredd	Age/Oed	Time/Amser
Mon-Fri/ Llun-Gwener	NPLQ Course	16+	9.00am-5.00pm
Mon-Fri/ Llun-Gwener	Crash Course (Beginners)	4+	10.00am-10.30am
Mon/Llun	Free Swimming [#]	8 - 15	3.00pm-4.00pm
Fri/Gwener	Free Swimming [#]	8 - 15	3.00pm-4.00pm
Sat/Sadwrn	Free Swimming [#]	8 - 15	12.00pm-1.00pm

Neath Leisure Centre

19th - 23rd July / Gorffennaf

Day/Dydd	Activity/Gweithgaredd	Age/Oed	Time/Amser
Mon/Llun	Rookie Lifeguard*	8+	9.30am-10.20am
Tue/Mawrth	Gym Workshop	16 - 23	12.45pm-1.45pm
Tue/Mawrth	Free Swimming [#]	8 - 15	1.35pm-2.25pm
Wed/Mercher	Rookie Lifeguard*	8+	9.30am-10.20am
Thu/Iau	Gym Workshop	16 - 23	12.45pm-1.45pm
Thu/Iau	Free Swimming [#]	8 - 15	3.20pm-4.10pm
Sat/Sadwrn	Free Swimming [#]	8 - 15	12.45pm-1.35pm

Vale of Neath Leisure Centre

19th - 23rd July / Gorffennaf

Day/Dydd	Activity/Gweithgaredd	Age/Oed	Time/Amser
Mon/Llun	Free Swimming [#]	8 - 15	2.00pm-2.50pm
Tue/Mawrth	Rookie Lifeguard*	8 - 15	9.30am-10.20am
Wed/Mercher	Free Swimming [#]	8 - 15	3.15pm-4.05pm
Fri/Gwener	Rookie Lifeguard*	8 - 15	9.30am-10.20am
Sun/Sul	Free Swimming [#]	8 - 15	11.30am-12.20pm

Pontardawe Leisure Centre

19th - 23rd July / Gorffennaf

Day/Dydd	Activity/Gweithgaredd*	Age/Oed	Time/Amser
Mon-Fri/ Llun-Gwener	Netball Camp	7 - 11	11.00am-2.00pm

[#] Free Swimming is lane swimming only and Restricted to 1 Hour per person.
Nofio ar y lôn yn unig. Yn gyfyngedig i 1 awr yr unigolyn

* Child must be able to swim a min. of 50m. Classes need a minimum of 2 people booked on to the course.
Rhaid i'r plentyn allu nofio o leiaf 50m. Mae angen o leiaf 2 person ar y dosbarthiadau ar y cwrs.

Week / Wythnos 2

26th - 30th July / Gorffennaf



Aberavon Leisure & Fitness Centre

26th - 30th July / Gorffennaf

Day/Dydd	Activity/Gweithgaredd	Age/Oed	Time/Amser
Mon-Fri/	Octopus 1 Crash Course	4+	2.30pm-3.00pm
Llun-Gwener	Octopus 2 Crash Course	4+	3.15pm-3.45pm
Tue/Mawrth	Sports Conditioning	14 - 16	1.30pm-2.30pm
Tue/Mawrth	Junior Gymnastics	5 - 8	4.00pm-5.00pm
Wed/Mercher	Free Swimming [#]	8 - 15	10.15am-11.05am
Wed/Mercher	Junior Bootcamp	11 - 16	1.30pm-2.30pm
Thu/lau	Sports Conditioning	14 - 16	1.30pm-2.30pm
Fri/Gwener	Junior Dance Fit	14 - 21	4.15pm-5.15pm
Sat/Sadwrn	Free Swimming [#]	8 - 15	5.45pm-6.45pm

Neath Leisure Centre

26th - 30th July / Gorffennaf

Day/Dydd	Activity/Gweithgaredd	Age/Oed	Time/Amser
Mon/Llun	Rookie Lifeguard*	8+	10.45am-11.35am
Tue/Mawrth	Gym Workshop	16 - 23	12.45pm-1.45pm
Tue/Mawrth	Free Swimming [#]	8 - 15	1.35pm-2.25pm
Wed/Mercher	Rookie Lifeguard*	8+	10.45am-11.35am
Thu/lau	Gym Workshop	16 - 23	12.45pm-1.45pm
Thu/lau	Free Swimming [#]	8 - 15	3.20pm-4.10pm
Sat/Sadwrn	Free Swimming [#]	8 - 15	12.45pm-1.35pm

Vale of Neath Leisure Centre

26th - 30th July / Gorffennaf

Day/Dydd	Activity/Gweithgaredd	Age/Oed	Time/Amser
Mon/Llun	Free Swimming [#]	8 - 15	2.00pm-2.50pm
Tue/Mawrth	Rookie Lifeguard*	8 - 15	9.30am-10.20am
Wed/Mercher	Free Swimming [#]	8 - 15	3.15pm-4.05pm
Fri/Gwener	Rookie Lifeguard*	8 - 15	9.30am-10.20am
Sun/Sul	Free Swimming [#]	8 - 15	11.30am-12.20pm

Pontardawe Swimming Pool

26th - 30th July / Gorffennaf

Day/Dydd	Activity/Gweithgaredd	Age/Oed	Time/Amser
Mon-Fri/	Crash Course	4+	10.00am-10.30am
Llun-Gwener	(Beginners)		
Mon-Fri/	Crash Course	4+	10.00am-10.30am
Llun-Gwener	(Improvers)		
Mon/Llun	Free Swimming [#]	8 - 15	3.00pm-4.00pm
Fri/Gwener	Free Swimming [#]	8 - 15	3.00pm-4.00pm
Sat/Sadwrn	Free Swimming [#]	8 - 15	12.00pm-1.00pm

Pontardawe Leisure Centre

26th - 30th July / Gorffennaf

Day/Dydd	Activity/Gweithgaredd*	Age/Oed	Time/Amser
Mon-Fri/	Football Camp	5 - 8	9.30am-11.30am
Llun-Gwener			
Mon-Fri/	Netball Camp	7 - 11	11.00am-2.00pm
Llun-Gwener			
Mon-Fri/	Football Camp	9 - 12	12.30pm-2.30pm
Llun-Gwener			

[#] Free Swimming is lane swimming only and Restricted to 1 Hour per person.
Nofio ar y lôn yn unig. Yn gyfyngedig i 1 awr yr unigolyn

* Child must be able to swim a min. of 50m. Classes need a minimum of 2 people booked on to the course.
Rhaid i'r plentyn allu nofio o leiaf 50m. Mae angen o leiaf 2 berson ar y dosbarthiadau ar y cwrs.

Neath Sports Centre

26th - 30th July / Gorffennaf

Day/Dydd	Activity/Gweithgaredd*	Age/Oed	Time/Amser
Tue/Mawrth	Junior Dance	5 - 11	11.00am-1.00pm
Wed/Mercher	Netball Club	5 - 14	1.00pm-4.00pm
Thu/lau	Junior Dance	5 - 11	11.00am-1.00pm
Thu/lau	Netball Club	5 - 14	1.00pm-4.00pm

Week / Wythnos 3

2nd - 6th August / Awst



Aberavon Leisure & Fitness Centre

2nd - 6th August / Awst

Day/Dydd	Activity/Gweithgaredd	Age/Oed	Time/Amser
Mon-Fri/ Llun-Gwener	Rookie Lifeguard* (Swim 50m unaided)	8+	3.15pm-3.45pm
Tue/Mawrth	Sports Conditioning	14 - 16	1.30pm-2.30pm
Tue/Mawrth	Junior Gymnastics	5 - 8	4.00pm-5.00pm
Wed/Mercher	Free Swimming#	8 - 15	10.15am-11.05am
Wed/Mercher	Junior Bootcamp	11 - 16	1.30pm-2.30pm
Thu/Iau	Sports Conditioning	14 - 16	1.30pm-2.30pm
Fri/Gwener	Junior Dance Fit	14 - 21	4.15pm-5.15pm
Sat/Sadwrn	Free Swimming#	8 - 15	5.45pm-6.45pm

Neath Leisure Centre

2nd - 6th August / Awst

Day/Dydd	Activity/Gweithgaredd	Age/Oed	Time/Amser
Tue/Mawrth	Gym Workshop	16 - 23	12.45pm-1.45pm
Tue/Mawrth	Free Swimming#	8 - 15	1.35pm-2.25pm
Thu/Iau	Gym Workshop	16 - 23	12.45pm-1.45pm
Thu/Iau	Free Swimming#	8 - 15	3.20pm-4.10pm
Sat/Sadwrn	Free Swimming#	8 - 15	12.45pm-1.35pm

Neath Sports Centre

2nd - 6th August / Awst

Day/Dydd	Activity/Gweithgaredd*	Age/Oed	Time/Amser
Mon-Fri/ Llun-Gwener	Introduction to Strength & Conditioning	16 +	1.00pm-3.00pm
Tue/Mawrth	Junior Dance	5 - 11	11.00am-1.00pm
Wed/Mercher	Netball Club	5 - 14	1.00pm-4.00pm
Thu/Iau	Junior Dance	5 - 11	11.00am-1.00pm
Thu/Iau	Netball Club	5 - 14	1.00pm-4.00pm

Pontardawe Swimming Pool

2nd - 6th August / Awst

Day/Dydd	Activity/Gweithgaredd	Age/Oed	Time/Amser
Mon-Fri/ Llun-Gwener	Crash Course (Improvers)	4+	10.00am-10.30am
Mon/Llun	Free Swimming#	8 - 15	3.00pm-4.00pm
Fri/Gwener	Free Swimming#	8 - 15	3.00pm-4.00pm
Sat/Sadwrn	Free Swimming#	8 - 15	12.00pm-1.00pm

Pontardawe Leisure Centre

2nd - 6th August / Awst

Day/Dydd	Activity/Gweithgaredd*	Age/Oed	Time/Amser
Mon-Fri/ Llun-Gwener	Football Camp	13 - 16	9.30am-11.30am
Mon-Fri/ Llun-Gwener	Football Camp	17 - 25	12.30pm-2.30pm

Vale of Neath Leisure Centre

2nd - 6th August / Awst

Day/Dydd	Activity/Gweithgaredd	Age/Oed	Time/Amser
Mon/Llun	Free Swimming#	8 - 15	2.00pm-2.50pm
Tue/Mawrth	Rookie Lifeguard*	8 - 15	9.30am-10.20am
Wed/Mercher	Free Swimming#	8 - 15	3.15pm-4.05pm
Fri/Gwener	Rookie Lifeguard*	8 - 15	9.30am-10.20am
Sun/Sul	Free Swimming#	8 - 15	11.30am-12.20pm

Free Swimming is lane swimming only and Restricted to 1 Hour per person.
Nofio ar y lôn yn unig. Yn gyfyngedig i 1 awr yr unigolyn

* Child must be able to swim a min. of 50m. Classes need a minimum of 2 people booked on to the course.
Rhaid i'r plentyn allu nofio o leiaf 50m. Mae angen o leiaf 2 person ar y dosbarthiadau ar y cwrs.

Week / Wythnos 4

9th - 13th August / Awst



Aberavon Leisure & Fitness Centre

9th - 13th August / Awst

Day/Dydd	Activity/Gweithgaredd	Age/Oed	Time/Amser
Mon-Fri/	Octopus 1 Crash Course	4+	2.30pm-3.00pm
Llun-Gwener	Octopus 2 Crash Course	4+	3.15pm-3.45pm
Tue/Mawrth	Sports Conditioning	14 - 16	1.30pm-2.30pm
Tue/Mawrth	Junior Gymnastics	5 - 8	4.00pm-5.00pm
Wed/Mercher	Free Swimming [#]	8 - 15	10.15am-11.05am
Wed/Mercher	Junior Bootcamp	11 - 16	1.30pm-2.30pm
Thu/lau	Sports Conditioning	14 - 16	1.30pm-2.30pm
Fri/Gwener	Junior Dance Fit	14 - 21	4.15pm-5.15pm
Sat/Sadwrn	Free Swimming [#]	8 - 15	5.45pm-6.45pm

Vale of Neath Leisure Centre

9th - 13th August/Awst

Day/Dydd	Activity/Gweithgaredd	Age/Oed	Time/Amser
Mon/Llun	Free Swimming [#]	8 - 15	2.00pm-2.50pm
Tue/Mawrth	Rookie Lifeguard*	8 - 15	9.30am-10.20am
Wed/Mercher	Free Swimming [#]	8 - 15	3.15pm-4.05pm
Fri/Gwener	Rookie Lifeguard*	8 - 15	9.30am-10.20am
Sun/Sul	Free Swimming [#]	8 - 15	11.30am-12.20pm

Neath Sports Centre

9th - 13th August/Awst

Day/Dydd	Activity/Gweithgaredd*	Age/Oed	Time/Amser
Mon-Fri/ Llun-Gwener	Junior Football	7 - 11	9.00am-12.00pm
Mon-Fri/ Llun-Gwener	Junior Football	4 - 6	10.30am-12.00pm
Mon-Fri/ Llun-Gwener	Junior Football	11 +	1.00pm-4.00pm
Tue/Mawrth	Junior Dance	5 - 11	11.00am-1.00pm
Thu/lau	Junior Dance	5 - 11	11.00am-1.00pm

Pontardawe Swimming Pool

9th - 13th August / Awst

Day/Dydd	Activity/Gweithgaredd	Age/Oed	Time/Amser
Mon-Fri/ Llun-Gwener	Advanced Swim Clinic	6 - 16	8.55am-10.25am
Mon/Llun	Free Swimming [#]	8 - 15	3.00pm-4.00pm
Fri/Gwener	Free Swimming [#]	8 - 15	3.00pm-4.00pm
Sat/Sadwrn	Free Swimming [#]	8 - 15	12.00pm-1.00pm

Neath Leisure Centre

9th - 13th August/Awst

Day/Dydd	Activity/Gweithgaredd	Age/Oed	Time/Amser
Tue/Mawrth	Gym Workshop	16 - 23	12.45pm-1.45pm
Tue/Mawrth	Free Swimming [#]	8 - 15	1.35pm-2.25pm
Thu/lau	Gym Workshop	16 - 23	12.45pm-1.45pm
Thu/lau	Free Swimming [#]	8 - 15	3.20pm-4.10pm
Sat/Sadwrn	Free Swimming [#]	8 - 15	12.45pm-1.35pm

Pontardawe Leisure Centre

9th - 13th August / Awst

Day/Dydd	Activity/Gweithgaredd*	Age/Oed	Time/Amser
Mon-Fri/ Llun-Gwener	Junior Tennis	5 - 8	10.00am-12.00pm
Mon-Fri/ Llun-Gwener	Junior Tennis	9 - 12	1.00pm-3.00pm

[#] Free Swimming is lane swimming only and Restricted to 1 Hour per person.
Nofio ar y lôn yn unig. Yn gyfyndedig l 1 awr yr unigolyn

* Child must be able to swim a min. of 50m. Classes need a minimum of 2 people booked on to the course.
Rhaid i'r plentyn allu nofio o leiaf 50m. Mae angen o leiaf 2 person ar y dosbarthiadau ar y cwrs.

Week / Wythnos 5

16th - 20th August / Awst



Aberavon Leisure & Fitness Centre

16th - 20th August / Awst

Day/Dydd	Activity/Gweithgaredd	Age/Oed	Time/Amser
Mon-Fri/ Llun-Gwener	Rookie Lifeguard* (Swim 50m unaided)	8+	3.15pm-3.45pm
Tue/Mawrth	Sports Conditioning	14 - 16	1.30pm-2.30pm
Tue/Mawrth	Junior Gymnastics	5 - 8	4.00pm-5.00pm
Wed/Mercher	Free Swimming [#]	8 - 15	10.15am-11.05am
Wed/Mercher	Junior Bootcamp	11 - 16	1.30pm-2.30pm
Thu/Iau	Sports Conditioning	14 - 16	1.30pm-2.30pm
Fri/Gwener	Junior Dance Fit	14 - 21	4.15pm-5.15pm
Sat/Sadwrn	Free Swimming [#]	8 - 15	5.45pm-6.45pm

Neath Leisure Centre

16th - 20th August / Awst

Day/Dydd	Activity/Gweithgaredd	Age/Oed	Time/Amser
Mon-Fri/ Llun-Gwener	Academy Taster Session / Swim School Top Up - Octopus 1 & Octopus 2 & Goldfish 1/2	4+	9.30am-10.00am 10.15am-10.45am 11.00am-11.30am
Mon/Llun	Rookie Lifeguard*	8+	12.00pm-12.50pm
Tue/Mawrth	Gym Workshop	16 - 23	12.45pm-1.45pm
Tue/Mawrth	Free Swimming [#]	8 - 15	1.35pm-2.25pm
Wed/Mercher	Rookie Lifeguard*	8+	12.00pm-12.50pm
Thu/Iau	Gym Workshop	16 - 23	12.45pm-1.45pm
Thu/Iau	Free Swimming [#]	8 - 15	3.20pm-4.10pm
Sat/Sadwrn	Free Swimming [#]	8 - 15	12.45pm-1.35pm

Pontardawe Swimming Pool

16th - 20th August / Awst

Day/Dydd	Activity/Gweithgaredd	Age/Oed	Time/Amser
Mon-Fri/ Llun-Gwener	Lifesaving	10 - 16	9.00am-11.00am
Mon-Fri/ Llun-Gwener	Advanced Swim Clinic	16 - 25	9.00am-10.30am
Mon/Llun	Free Swimming [#]	8 - 15	3.00pm-4.00pm
Fri/Gwener	Free Swimming [#]	8 - 15	3.00pm-4.00pm
Sat/Sadwrn	Free Swimming [#]	8 - 15	12.00pm-1.00pm

Vale of Neath Leisure Centre

16th - 20th August / Awst

Day/Dydd	Activity/Gweithgaredd	Age/Oed	Time/Amser
Mon/Llun	Free Swimming [#]	8 - 15	2.00pm-2.50pm
Tue/Mawrth	Rookie Lifeguard*	8 - 15	9.30am-10.20am
Wed/Mercher	Free Swimming [#]	8 - 15	3.15pm-4.05pm
Fri/Gwener	Rookie Lifeguard*	8 - 15	9.30am-10.20am
Sun/Sul	Free Swimming [#]	8 - 15	11.30am-12.20pm

Pontardawe Leisure Centre

16th - 20th August / Awst

Day/Dydd	Activity/Gweithgaredd*	Age/Oed	Time/Amser
Mon-Fri/ Llun-Gwener	Junior Basketball	11 - 15	11.00am-2.00pm

Neath Sports Centre

16th - 20th August / Awst

Day/Dydd	Activity/Gweithgaredd*	Age/Oed	Time/Amser
Mon-Fri/ Llun-Gwener	Badminton Club	7 +	1.00pm-4.00pm
Tue/Mawrth	Junior Dance	5 - 11	11.00am-1.00pm
Thu/Iau	Junior Dance	5 - 11	11.00am-1.00pm

[#] Free Swimming is lane swimming only and Restricted to 1 Hour per person.
Nofio ar y lôn yn unig. Yn gyfyngedig i 1 awr yr unigolyn

* Child must be able to swim a min. of 50m. Classes need a minimum of 2 people booked on to the course.
Rhaid i'r plentyn allu nofio o leiaf 50m. Mae angen o leiaf 2 berson ar y dosbarthiadau ar y cwrs.

Week / Wythnos 6

23rd - 27th August / Awst



Aberavon Leisure & Fitness Centre

23rd - 27th August / Awst

Day/Dydd	Activity/Gweithgaredd	Age/Oed	Time/Amser
Mon-Fri/	Octopus 1 Crash Course	4+	2.30pm-3.00pm
Llun-Gwener	Octopus 2 Crash Course	4+	3.15pm-3.45pm
Tue/Mawrth	Sports Conditioning	14 - 16	1.30pm-2.30pm
Tue/Mawrth	Junior Gymnastics	5 - 8	4.00pm-5.00pm
Wed/Mercher	Free Swimming [#]	8 - 15	10.15am-11.05am
Wed/Mercher	Junior Bootcamp	11 - 16	1.30pm-2.30pm
Thu/lau	Sports Conditioning	14 - 16	1.30pm-2.30pm
Fri/Gwener	Junior Dance Fit	14 - 21	4.15pm-5.15pm
Sat/Sadwrn	Free Swimming [#]	8 - 15	5.45pm-6.45pm

Neath Leisure Centre

23rd - 27th August / Awst

Day/Dydd	Activity/Gweithgaredd	Age/Oed	Time/Amser
Mon/Llun	Rookie Lifeguard*	8+	1.15pm-2.05pm
Tue/Mawrth	Gym Workshop	16 - 23	12.45pm-1.45pm
Tue/Mawrth	Free Swimming [#]	8 - 15	1.35pm-2.25pm
Wed/Mercher	Rookie Lifeguard*	8+	1.15pm-2.05pm
Thu/lau	Gym Workshop	16 - 23	12.45pm-1.45pm
Thu/lau	Free Swimming [#]	8 - 15	3.20pm-4.10pm
Sat/Sadwrn	Free Swimming [#]	8 - 15	12.45pm-1.35pm

Neath Sports Centre

23rd - 27th August / Awst

Day/Dydd	Activity/Gweithgaredd*	Age/Oed	Time/Amser
Mon-Fri/ Llun-Gwener	Junior Football	7 - 11	9.00am-12.00pm
Mon-Fri/ Llun-Gwener	Junior Football	4 - 6	10.30am-12.00pm
Mon-Fri/ Llun-Gwener	Junior Football	11 +	1.00pm-4.00pm
Mon-Fri/ Llun-Gwener	Introduction to Strength & Conditioning	16 +	1.00pm-3.00pm
Tue/Mawrth	Junior Dance	5 - 11	11.00am-1.00pm
Thu/lau	Junior Dance	5 - 11	11.00am-1.00pm

Pontardawe Swimming Pool

23rd - 27th August / Awst

Day/Dydd	Activity/Gweithgaredd	Age/Oed	Time/Amser
Mon-Fri/ Llun-Gwener	Crash Course (Beginners)	4+	10.00am-10.30am
Mon/Llun	Free Swimming [#]	8 - 15	3.00pm-4.00pm
Fri/Gwener	Free Swimming [#]	8 - 15	3.00pm-4.00pm
Sat/Sadwrn	Free Swimming [#]	8 - 15	12.00pm-1.00pm

Vale of Neath Leisure Centre

23rd - 27th August / Awst

Day/Dydd	Activity/Gweithgaredd	Age/Oed	Time/Amser
Mon/Llun	Free Swimming [#]	8 - 15	2.00pm-2.50pm
Tue/Mawrth	Rookie Lifeguard*	8 - 15	9.30am-10.20am
Wed/Mercher	Free Swimming [#]	8 - 15	3.15pm-4.05pm
Fri/Gwener	Rookie Lifeguard*	8 - 15	9.30am-10.20am
Sun/Sul	Free Swimming [#]	8 - 15	11.30am-12.20pm

Pontardawe Leisure Centre

23rd - 27th August / Awst

Day/Dydd	Activity/Gweithgaredd*	Age/Oed	Time/Amser
Mon-Fri/ Llun-Gwener	Multisports	5 - 10	11.00am-2.00pm

[#] Free Swimming is lane swimming only and Restricted to 1 Hour per person.
Nofio ar y lôn yn unig. Yn gyfyndedig l 1 awr yr unigolyn

* Child must be able to swim a min. of 50m. Classes need a minimum of 2 people booked on to the course.
Rhaid i'r plentyn allu nofio o leiaf 50m. Mae angen o leiaf 2 person ar y dosbarthiadau ar y cwrs.

Haf o Hwl 21

Gweithgareddau AM DDIM
ar gyfer Oedran 4-25



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Diwrnod
Chwarae



Llywodraeth Cymru
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